Building A Caregiver Support Network

Through the Singapore Together Alliance for Action (AfA) for Caregivers of Persons with Disabilities

Project 3i: CAREconnect

Built capabilities of community to support caregivers of persons with disabilities Launch of AfA in 2021



What is it?

- A coalition of partners convened by SG Enable and National Council of Social Service
- Bringing together ground expertise and resources to support pilot projects such as Project 3i and Community Circles
- Project 3i is a self-sustaining caregiver support model

2024 & Beyond

Impact Highlights

>3100 >130

caregivers supported volunteers trained

strategic partners involved in co-creating the caregiver support model

Systematically connected caregivers to support groups and community partners

 >1000 unreached caregivers linked with peer support

Developed a 12-month training model to equip grassroot leaders to build inclusive communities

- >70 grassroots leaders trained over 6 constituencies, supporting
 >1400 caregivers
- Caregivers were able to participate more in social, family and community life

Project 3i: CAREwell

Provided integrated health and social support for families with complex needs

 48 families benefitted from multidisciplinary, professional support

Project 3i: CAREbuddy

Established a community network of trained caregivers to provide peer support

- >50 experienced caregivers trained
- >90 caregivers matched and supported
- Caregivers showed improvement in well-being and caregiving competencies

Communication Connected contracts with

Community Circles Model

Connected caregivers with volunteers who rally around and journey with them

- 8 circles of support created
- Caregivers received practical assistance and safe space to share their needs and aspirations

Expand Project 3i

Partnering CaringSG to increase programme awareness and participation of caregivers through Enabling Services Hubs





Support Ground-Up Initiatives

- The Caregiver Empowerment Fund by SG Enable supports initiatives that empower caregivers
- Expand number of Community Circles

- Scale up to **5** new constituencies over the next **2** years
- Train **100** community volunteers in the new constituencies
- Build up a nationwide pool of 500 trained caregivers

Interested to start a ground-up project or contribute as a volunteer?

Scan here:



Wish to join a caregiver support network?

Scan here:



Developed by:



